

VASL SAND VOLLEYBALL LEAGUE RULES



Our Coed Volleyball League is purely social with an emphasis on meeting people and having a good time! Overall, we have very relaxed rules and follow our pure social format. Please read below for more details:

SUMMARY

- 6 player vs. player format
- Minimum of 2 females on the court
- A minimum of 8 players should form a team with a max of 10.
- Each match consists of 3 games to 15 pts (win by 2) –only win points on service–
- Rally scoring will be implemented if time is running short at leagues discretion
- Teams can rotate in at a set spot or substitute after each game
- Carrying the ball with open hands will be called but rules are relaxed
- Any serve that touches the net is in play
- Teams must rotate every side-out
- All other regular volleyball rules apply
- Volleyballs, nets, and lined courts provided...feel free to bring your own ball for warmup
- Please warmup on the side and come early to games as matches start promptly.

RAINOOTS

- All games suspended due to unplayable conditions (as decided by league or park officials) before more than 2 games are played will be rescheduled, if possible, at the end of the season. If it is not possible the score at the end of the last game will count.
- If lightening is in the area, games will be cancelled without hesitation.
- All rained out games will be made up at the end of the season providing court space is available. In the chance that space is not available at the end of the season the league is not obligated to make up any games.

OTHER ASSORTED RULES

- You are not required to wear your league t-shirt to games although it is suggested. Team with the most league t-shirts will decide side or serve. Additionally, league t-shirts will allow you to take advantage of our discounts at local bar affiliates.
- You must sign an athletic waiver at the beginning of the season.
- If you know in advance that your team is going to forfeit a game, you must contact us by noon on the day of the game at vasleague@yahoo.com. Failure to notify the league could cause your team to be removed from the rest of the schedule.
- If you signed up as a free agent, please let us know if you can't show up so we can prepare for your absence.
- Teams could be at times asked to, in good faith, call and self police their games.
- Any unsportsmanlike conduct like yelling at teammates or opponents, stealing balls from weaker players, etc. could result in a suspension or removal from the league.